

ICD-10 REQUIRED Documentation for Specificity



Anxiety

THE ICD-10 DOCUMENTER SERIES



Documentation

- Panic disorder
(episodic paroxysmal anxiety) without agoraphobia
- Classify as “phobic” and “Other”
- Generalized anxiety disorders
- Other mixed anxiety disorders
- Other specified anxiety disorders

Below are a few example ICD-10 codes selected to help display how the clinical features of this condition align with the documentation requirements of ICD-10.

F41.0 Panic disorder (episodic Paraxysmal anxiety w/out agoraphobia)

F41.1 Generalized anxiety disorder

F41.3 Other mixed anxiety disorders

F41.8 Other specified anxiety disorders

Z60.0 Problem of adjustment to life-cycle transitions

**Potential use of symptom codes when patient has not been formally diagnosed:

R45.0 Nervousness

R45.1 Restlessness and agitation

R45.82 Worries

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